

HOME PAGE

The purpose of this website is to provide supplemental information to TAP workers as well as general information regarding policies and other helpful information. The pre-treatment categories listed below are divided by target areas and stages of change. Please note that they are password protected and should not be provided to individuals outside of TAP. Some information contained on this website may be copyrighted and can only be used for educational purposes. Please contact jackie.gibbons9022@yahoo.com in order to obtain a password to the protected documents if a password has not been made available to you.



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- [:: HOME PAGE](#)
- [:: SERVICES](#)
- [:: TOOL BOX](#)
- [:: DISCUSSION](#)
- [:: WHAT'S NEW](#)
- [:: LINKS](#)



IPAV

- Precontemplation
- Contemplation
- Preparation
- Action
- Maintenance
- Relapse



Learning Problems

- Precontemplation
- Contemplation
- Precontemplation
- Action
- Maintenance
- Relapse



Mental Health

- Precontemplation
- Contemplation
- Preparation
- Action
- Maintenance
- Relapse



Substance Abuse

- Precontemplation
- Contemplation
- Preparation
- Action
- Maintenance
- Relapse

Intimate Partner Abuse & Violence - Precontemplation Stage

The earliest stage of change is known as precontemplation. During the precontemplation stage, people do not see their behavior as a problem and are not considering change. They may feel like they have no control over their own behavior and/or may not understand consequences related to that behavior.



University of Kentucky
Targeted Assessment Program

[:: HOME PAGE](#)

[:: SERVICES](#)

[:: TOOL BOX](#)

[:: DISCUSSION](#)

[:: WHAT'S NEW](#)

[:: LINK](#)

- Abusive Relationships
- Boundaries for Nice People
- Categories of Verbal Abuse
- Changing Negative Statements Into Positive
- Characteristics of Healthy Relationships
- Characteristics of the Abuser
- KY Domestic Violence Facts
- Leisure Assessment
- Maslow
- Mathematics of Battering
- My Boundaries
- Personal Safety Plan